

Be Smart: Image & Performance Enhancing Drugs (IPED) & Psychoactive Drugs

PEDs Dangerous Substances
 Athletes Health Banned Alter
PERFORMANCE
ENHANCING DRUGS
 Physiological Antidoping Misused
 Anabolic Steroids Psychological Abuse
 Sports Risks Suppliers Deadly
 Ethics Side Effects Debate Codes

IPEDS

Most Image and Performance Enhancing Drugs (IPEDs) are prohibited & associated with significant health risks to the individual.

Health Risks

- Fertility, hypertension, cardiovascular, liver disorder, tendon damage, hair loss, acne etc.
- Aggression, body dysmorphia, psychosis, depression
- Inability to rationalise

Psychoactive Drugs

Most psychoactive drugs are manufactured illegally and are therefore highly variable in content. They are chemical substances that alter brain function to produce changes in mood, perception, cognition or behaviour - in most sports they are also prohibited.

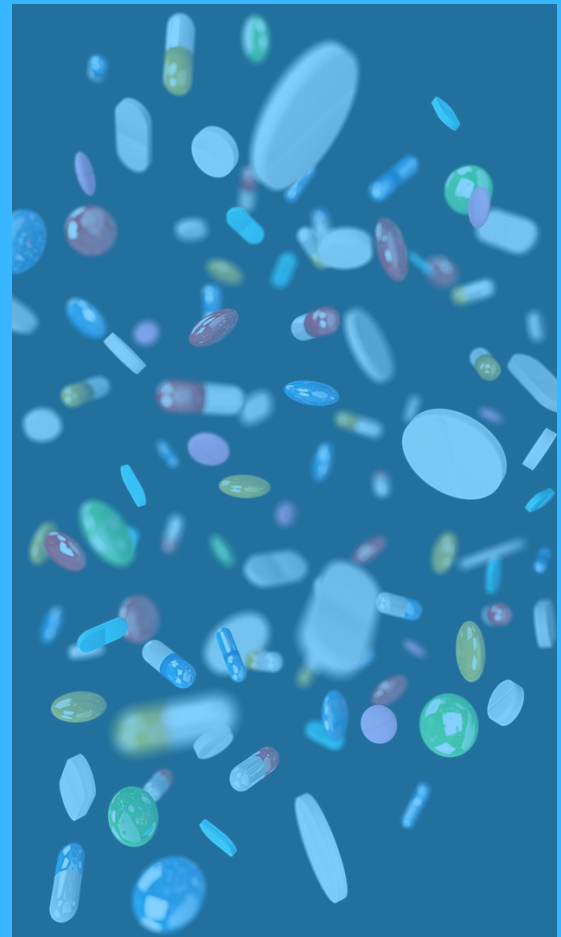
Health Risks

- Palpatations, cravings, dependency or addiction, paranoia, anxiety, depression.
- Risk of fits, or heart attack.
- Overdose, bacterial infection.

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Local counselling
Talk to Frank website: www.talktofrank.com