

Team Physiotherapist



Role Location: National Taekwondo Centre, Manchester

Contract: Permanent, Full Time

Salary: £28 - £31k (depending on experience)

Hours of Work: 1.0 FTE and will include working some weekends and bank holidays

Reporting To: Head of Teams and Operations

The Role

We are seeking a Team Physiotherapist to join the GB Taekwondo Medical Team and help realise the performance potential of GB's most talented Taekwondo athletes.

Working as part of the medical team and guided by the Lead Physiotherapist, this role will be pivotal in developing and supporting athletes to step onto a major championship podium for the first time. In addition, the role will involve contributing to the long-term development of athletes progressing from development squads to senior teams, ensuring continuity of care and performance support throughout their athletic journey.

The successful candidate must ensure they can provide the best information possible, which will allow the athlete and coaching team to make an informed decision based on the best medical advice possible.

About Us

GB Taekwondo is a High-Performance Company, established in 2002 to develop a Taekwondo 'World Class Programme (WCP)', designed to realise the potential of the nation's most promising Taekwondo athletes in major international competition including at the Olympic and Paralympic Games.

Over the last 20 years the organisation has established a world leading Taekwondo combat pathway, that has supported athletes to achieve 10 Olympic and 4 Paralympic medals.

Taekwondo still holds true to its very strong and rich Korean heritage and is one of the most culturally diverse sports in the Games programme being contested internationally by over 200 nations.

As these nations become increasingly sophisticated in targeted medal success, GB Taekwondo is looking to meet this challenge head on, finding new competitive advantage, bringing through the next generation of champions and writing the extraordinary story of their journey through this dynamic sport.

Key Responsibilities

As a member of the Medical Team, the post holder will:

- Work in collaboration with the Lead Physio on the delivery of physiotherapy and soft tissue therapy service from the GB National Taekwondo Centre, competition venues and at camps around the world.
- Work as part of a multi-disciplinary team (MDT) delivering services to athletes and coaches with an overall aim of always delivering World Class provision
- Within the rules of professional confidentiality provide open and clear communication with athletes, parents, coaches and other support staff as appropriate.

- Work within the rules of the UK Professional Code of Conduct, standards and guidelines of GB Taekwondo.
- Where appropriate, inform and educate athletes and coaches in rehabilitation programmes, either preventative, performance enhancement or directly related to recovery from injury
- Maintain a comprehensive, indexed database of work conducted with athletes and coaches including the use of the electronic medical records system.
- Attend, contribute to and provide regular reports at appropriate meetings associated with the programme particularly the MDT meetings and athlete injury review meetings.
- Monitor injuries throughout the pathway and identify proactive interventions to maximise the number of available training days.
- Contribute to the long-term development of athletes progressing through the pathway ensuring a seamless transition and continuity of care.
- Utilisation of data and insight to inform, develop, and deliver effective approaches to mitigate injury/illness risk and optimise performance.

International Competition Duties:

- Provide medical services to athletes while away at International Competitions when required to travel.
- In collaboration with the wider medical team, implement positive rapid responses to any injuries obtained while competing, keeping the athlete in competition in discussion with the Head of Teams and Operations, Head of Athlete Performance and coaching team where it's safe to do so.

What we're looking for

Qualifications

Essential

- A qualification at degree level in Physiotherapy
- Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health & Care Professions Council (HCPC).

Desirable or Working Towards

- A qualification at higher degree level specialising in Sports physiotherapy/Sport and exercise medicine/Sports rehabilitation.
- An Emergency Care Course In Sport that is recognized by the Faculty of Pre-Hospital Care (e.g. IMMoFP, ATMMiF, PHICIS, SCRUMCAPS). *(If not currently held this would need to be achieved as soon as possible once in post).*

Experience

- Experience in the provision of physiotherapy services within the sporting setting to athletes and coaches, and any experience within contact sport would be seen as desirable.
- A verifiable record of working within a multi-disciplinary team in the delivery of physiotherapy services.

Knowledge

- An understanding of the needs of the performance demands and needs of elite athletes and coaches in a high-performance environment.

- Knowledge of contemporary advances in applied musculoskeletal medicine (encompassing assessment, clinical reasoning, rehabilitation, return to performance, and injury/illness risk management).
- A comprehensive understanding of sports science and sports medicine disciplines and their roles in performance.
- Specialised musculoskeletal knowledge and clinical reasoning skills with experience of application in sport.
- Understanding of technical skills and knowledge underpinning the delivery of athlete management and rehabilitation in the performance environment (including physical training and adaptation, testing and monitoring, periodisation/planning and coaching).

Skills and Abilities

- Ability to develop, implement and evaluate physiotherapy needs for individual athletes.
- Ability to modify programmes according to the results of assessment data, in conjunction with coaches and other support staff.
- Ability to work under pressure and to prioritise personal workload.
- Excellent problem solving and decision-making skills.
- Ability to communicate complex data in terms that are easily understood by a wide range of audiences.
- Presentation and communication skills that can motivate behavioural change to have a positive impact on performance.
- Ability to work within a team. Skilled in building and maintaining productive relationships with colleagues and stakeholders.

Personal Disposition

- A highly motivated individual with a positive attitude in carrying out the responsibilities of the post
- Personal commitment to continuous personal professional development
- A team player
- Open-minded with a view to adopting new practices
- Personal integrity and the ability to invoke trust and respect from others.

Other Considerations

- An understanding and commitment to equal opportunities in employment and sport
- An understanding of individual responsibility in complying with the Health and Safety policies and arrangements of GB Taekwondo and all relevant partners
- An understanding of and commitment to fair play and all national and international anti-doping policies as enforced by national governing bodies, international federations, Olympic Associations and other relevant organisations.

Please note: This job requires an enhanced criminal records check and written reference(s) in relation to safeguarding/suitability to work with children, as well as continual professional development.

Benefits

- A competitive salary
- 25 day per year holiday allowance which increases with your length of service
- Workplace pension (8% contribution)
- Life Assurance

Ways of working

This is a full-time role based at Ten Acres Lane in Manchester which will require frequent travel (including overseas); and will include weekend and evening work.

Application Process – Send a single page covering letter and CV to garry.adams@gbtaekwondo.co.uk

Application Closing Date – Midnight, Friday 31st October

Interview Date – w/c 10th November and will be in person at the National Taekwondo Centre in Manchester

Please note: We reserve the right to close the position early if application volumes are particularly high. We encourage you to submit your application as soon as possible.