



BRITISH TAEKWONDO NATIONAL CHAMPIONSHIPS 2016





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WELCOME

DEAR ATHLETES, COACHES & SPECTATORS

In this exciting Olympic year, we have great pleasure in announcing that the 2016 British Taekwondo National Championships will take place, for the first time, on the former Olympic Park in London, over the weekend of 24th & 25th September 2016.

We invite all British Taekwondo members to take part in this well run, great family weekend of sport Taekwondo at the amazing Copperbox Arena, literally metres away from the Olympic Stadium.

Having listened to our members over the last 12 months, we have also introduced a number of improvements to this year's format including running the novice categories on the Saturday (including an additional novice weigh in opportunity on the Saturday morning) and, for the first time running the Advanced Categories on the Sunday.

This really is an event for all the membership, not just elite athletes, so come on down to the capital for a great weekend of Taekwondo action.



We look forward to seeing everyone in September and good luck with your training in the run up to the competition.

Yours Sincerely

Mark Abberley
CEO British Taekwondo



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01 EVENT OVERVIEW

COMPETITION HALL:

Copperbox Arena
Queen Elizabeth Olympic Park,
Stratford, London
E20 3HB

To find the Copperbox Arena,
please visit:
www.copperboxarena.org.uk

COMPETITION DATE:

Saturday 24th September & Sunday 25th September 2016

02 TIMETABLE

The event timetable can be downloaded at www.gbtaekwondo.co.uk
This timetable is subject to change, please check regularly.

03 CONTESTANT ELIGIBILITY

All participants must be members of British Taekwondo.

All competitors must be a UK resident.

Advanced athletes wishing to be considered for the Great Britain national team must also be a UK passport holder.

MEMBERSHIP

All competitors and coaches must **bring and show** an up-to-date copy of their **valid membership at registration**.

Unfortunately, any competitor or coach who fails to produce their valid membership for inspection at registration cannot take part in the competition. Any entry fees cannot be refunded in this case.

We urge all participants to make arrangements now, to ensure their memberships are up-to-date and in your possession well before the competition dates.

If you have any issues about membership, please ask your club coach/instructor to contact British Taekwondo membership services.





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04 WEIGHT DIVISIONS

SATURDAY 24TH SEPTEMBER 2016

CHILD 8th KUP to 3rd KUP

BORN IN 2005 OR LATER

Child Male: -20kg -23kg -26kg -30kg -34kg -38kg -43kg -48kg -53kg +53kg

Child Female: -20kg -23kg -26kg -30kg -34kg -38kg -43kg -48kg -53kg +53kg

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CADETS 8th KUP to 3rd KUP

BORN IN 2002, 2003, 2004

Cadet Male: -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg

Cadet Female: -29kg -33kg -37kg -41kg -44kg -47kg -51kg -55kg -59kg +59kg

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JUNIORS 8th KUP to 3rd KUP

BORN IN 1999, 2000, 2001

Junior Male: -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg

Junior Female: -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg

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SENIORS 8th KUP to 3rd KUP

BORN 1999 OR BEFORE

Senior Male: -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg

Senior Female: -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg

Juniors born in 1999 may also compete in the Senior event in addition to the Junior group.

In the above case, an additional online entry and fee should be submitted.

PARA-TAEKWONDO ATHLETES

Kyorugi is contested in two WTF Para-Classes, K40 for athletes with upper limb deficiency and K60 for deaf/hearing impaired athletes.

SENIORS 8th KUP and above

BORN 1999 OR BEFORE

Senior Male: -61kg -75kg +75kg

Senior Female: -49kg -58kg +58kg

In the case of insufficient numbers of athletes, classes and divisions may be combined.

Classification of para athletes will take place on the Saturday morning during the weigh-in. The competition will take place under WTF Para Taekwondo rules & regulations.

ALL MATCHES TO BE 3 x 1 1/2 MINUTE ROUNDS





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04 WEIGHT DIVISIONS

SUNDAY 25TH SEPTEMBER 2016

ADVANCED CHILD 2nd KUP & above

BORN IN 2005 OR LATER

Child Male: -20kg -23kg -26kg -30kg -34kg -38kg -43kg -48kg -53kg +53kg

Child Female: -20kg -23kg -26kg -30kg -34kg -38kg -43kg -48kg -53kg +53kg

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ADVANCED CADETS 2nd KUP & above

BORN IN 2002, 2003, 2004

Cadet Male: -33kg -37kg -41kg -45kg -49kg -53kg -57kg -61kg -65kg +65kg

Cadet Female: -29kg -33kg -37kg -41kg -44kg -47kg -51kg -55kg -59kg +59kg

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ADVANCED JUNIORS 2nd KUP and above

BORN IN 1999, 2000, 2001

Junior Male: -45kg -48kg -51kg -55kg -59kg -63kg -68kg -73kg -78kg +78kg

Junior Female: -42kg -44kg -46kg -49kg -52kg -55kg -59kg -63kg -68kg +68kg

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ADVANCED SENIORS 2nd KUP and above

BORN 1999 OR BEFORE

Senior Male: -54kg -58kg -63kg -68kg -74kg -80kg -87kg +87kg

Senior Female: -46kg -49kg -53kg -57kg -62kg -67kg -73kg +73kg

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GAL

In line with ETU policy, all competitors in the Senior Advanced Category must have a valid GAL card. Any competitor entered into the Senior Advanced category, who is not in possession of a valid GAL card will not be allowed to compete under any circumstances.

Any member who needs to apply for a GAL card, should do so at the latest by 31st July 2016. GAL applications should be sent from your club/association secretary to: British Taekwondo, Membership Services, The Business Place, Park Road, Mansfield Woodhouse, Nottinghamshire NG19 8ER. Email address: galgol@britishtaekwondo.org

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VETERANS 8th KUP and above

born 1981 or before

Senior Male: -58kg -68kg -80kg +80kg

Senior Female: -49kg -57kg -67kg +67kg

Weight categories may be combined if less than 4 athletes enter a single division.

MATCHES WILL BE 3 X 1 1/2 MINUTE ROUNDS - FOR CHILD, CADET AND VETERAN CATEGORIES

MATCHES WILL BE 3 X 2 MINUTE ROUNDS - FOR JUNIOR & SENIOR CATEGORIES

Juniors born in 1999 may also compete in the Senior event in addition to the Junior group. An additional online entry and fee should be submitted.



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04 WEIGHT DIVISIONS

All advanced Cadet, Junior and Senior categories will be seeded, based upon league tables taken from participation at the following UK competitions:

- > **2015 British Taekwondo National Championships**
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- > **Ultimate Taekwondo Championships**
Sunday 20th March 2016
.....
- > **Yorkshire Open Championships**
Sunday 17th April 2016
.....
- > **The Dome Open Championships**
Sunday 19th June 2016
.....
- > **UTF British International Open**
Sunday 26th June 2016
.....
- > **NTC Open Championships**
Sunday 3rd July 2016
.....
- > **Scorpion Open Championships**
Sunday 24th July 2016
.....
- > **Liverpool Open Championships**
Sunday 7th August 2016
.....
- > **2016 Taekwondo Scotland Championships**
Sunday 4th September 2016
.....

All seeded groups shall have 4 seeded players, those being the top 4 ranked players in each weight group of the player league as at September 11th 2016.

IMPORTANT INFORMATION

Daedo Electronic Body Protector systems will be used for all athletes competing in Senior Advanced, Junior Advanced, Cadet Advanced, Child Advanced and Veteran categories.

THESE ATHLETES MUST BRING THEIR OWN DAEDO SOCKS.

If you do not have these socks, please contact: goldforce@tiscali.co.uk



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05 APPLICATIONS

All applications are to be made online at Martial Arts Registration Online.
www.ma-regonline.com

Please note: we will allow changes in competitor weight groups should a player fail the weigh-in (subject to an administration fee of £10.00 payable at the time of the weigh-in).

In addition, groups with less than 4 competitors will be combined with adjoining weight groups to ensure that all players will have the opportunity to compete.

All coaches are responsible for ensuring their players weight and entry details are correct as no refunds will be given should any player be disqualified or not wish to pay the administration fee to move weight groups. All information must be entered when registering players. Any player found not to have entered membership numbers and all other requested information will be removed from the system.

Any players remaining in the online system at the deadline will be responsible for paying the full entry fee even if that player does not compete.

Following the entry deadline, any changes may only be made at registration/weigh-in.

06 CLOSING DATE

The closing date for applications is 21.00 on Friday 16th September 2016.
Payment must be received by the closing date.

07 COACH ACCREDITATION

One (1) coach will be accredited for every five (5) competitors entered and granted free admission. There can be a maximum of six (6) coaches per team. Teams with 1-4 players will not receive a free coaching pass. Additional coaching passes may be purchased for £20 by completing a coaches' application online for each additional pass required. This must be done at the same time as you pay entry fees.

The minimum age for a coach must be 18 years. Coaches will only be permitted at ringside in appropriate sportswear, no shorts.

All coaches must hold a current British Taekwondo membership, Instructors Indemnity Insurance and must possess a valid Criminal Records Check document (DBS).

Coach's passes will only be issued if the coach's membership information is completed in full online. All coaches will be asked to present their membership and indemnity insurance documents at registration and must collect their passes personally. Unfortunately, we cannot issue passes to any coach who does not present their membership and indemnity documents.

All coaches must register online prior to the deadline date. Once this deadline has passed no further coaches will be added. All information must be given online or coaches will be removed from the system.





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08 REGISTRATION, WEIGH IN & DRAW

Registration & Weigh-In

For all competitors competing on Saturday 24th September & Sunday 25th September, the registration & weigh-in will be on Friday 23rd September from 5pm until 8pm.

There will be a further weigh-in for Saturday competitors between 7:30am & 9am on the Saturday morning. No Sunday competitors can weigh-in at this time.

For all competitors competing on Sunday 25th September, a further registration & weigh-in will be held on Saturday 24th September from 4pm until 6pm.

Athletes are advised to consult British Taekwondo's Policy on Making Weight for Training and Competition.

Drawing of Lots

The drawing of lots for Saturday's weight groups will take place immediately after the weigh-in closes at 9am on Saturday, and coaches will be issued with draw sheets.

A further drawing of lots for Sunday's weight groups will take place at the venue on Saturday at approximately 6pm following the completion of the weigh-in.

A full set of draw sheets will be made available for any coaches and will be posted online at www.gbtaekwondo.co.uk.

09 COMPETITION RULES

Full WTF Competition Rules will be applied.

Senior Advanced, Junior Advanced, Cadet Advanced, Child Advanced and Veteran players will be provided with a Daedo Electronic body protector. All other athletes must provide their own standard non-electronic body protector.

Senior Advanced athletes must also hold a valid GAL licence.

10 DOPING CONTROL

Doping Control at the National Championships may be conducted according to the World Anti-Doping Code and the list of Prohibited Substances and Methods in force at the time of the event.

The Organising Committee may carry out doping tests among the participating athletes at random. Any athlete who refuses to undergo testing or who proves to have committed a breach of this regulation shall be removed from the final standings and shall be subject to a disciplinary action.

11 AWARDS

Awards will be presented to all tournament champions and 2nd and 3rd places.

Team trophies will also be presented for the overall team winners.





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12 EQUIPMENT

Senior Advanced, Junior Advanced, Cadet Advanced, Child Advanced and Veteran players will be provided with a Daedo Electronic body protector. All other athletes must provide their own standard non-electronic body protector.

All players must wear the required protective equipment: WTF recognised head guard in Red or Blue Colour - WHITE HEADGEAR IS NO LONGER PERMITTED, WTF recognised body protector, groin guard, shin guards, arm guards, hand gloves and a clear or white gum shield.

A list of companies which supply WTF-recognised protective equipment can be found on the WTF website: www.wtf.org

All contestants will be required to proceed to the inspection desk for officials to check their dobok and protective equipment before entering the competition area.

Any contestant wearing unofficial equipment will not be permitted to compete.

13 APPEALS

Appeals will be dealt with on court, during individual matches, using a coaches card system. Full details of this process will be given to coaches at the event briefing.

14 LIABILITY

All competitors are considered to be participating at their own risk. British Taekwondo and the organiser assume no responsibility for any damages, injuries or losses.

By submitting a competitor or coach application you are confirming that you are fit and able to take part in this WTF Taekwondo competition and do not suffer from any illness or condition that would prevent you from taking part.

You also agree to be bound by the rules and regulations of British Taekwondo.

15 IDENTIFICATION

All competitors and coaches must bring & show an up-to-date copy of their valid membership at registration. Unfortunately, any competitor or coach who fails to produce their valid membership for inspection at registration cannot take part in the competition.



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16 ENTRY & PAYMENT

The entry fee for each contestant competing in the novice categories on Saturday 24th is £45.00

The entry fee for each contestant competing on Sunday 25th is £50.00

Entry fees must be paid in advance to the following bank account:

- > **To:** Sport Taekwondo UK Ltd
- > **Bank:** Natwest, Market Place,
Loughborough, LE11 3NZ, UK
- > **Sort code:** 601410
- > **Account number:** 52696103
- > **IBAN:** GB30 NWBK 6014 1052 6961 03
- > **SWIFT:** NWBK GB 2L

Please ensure that all payments are made on or before Friday 16th September by bank transfer.

Any payment by cheque should be made payable to Sport Taekwondo UK and should be sent to the Organising Committee office, detailed in Item 24.

Please put the competitors or club name in the reference section of the payment.
Any transfer fees (if there are any) should also be paid by you.

No refunds will be provided by the OC for none competing athletes who have already applied.

Any team or individual that fails to make payment before the deadline will be removed from the system on the 16th September and will not be re-added.

Payment will not be accepted at registration.

17 SPECTATORS

Further details on how to obtain tickets will be announced soon.





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18 TRANSPORT & ACCOMMODATION

TRAVEL

The Copper Box Arena is in Queen Elizabeth Olympic Park, Stratford, London. Public transport is the best and easiest way to get to and from the Park, either by train, underground, bus or cycle.

The nearest underground stations are Hackney Wick (5 minute walk) and Stratford (15 minute walk)

The 388 bus runs every 10 minutes from Stratford bus station to Blackfriars station and stops directly outside the Copper Box Arena (stops M & N).

There are more than 140 cycle racks outside the Copper Box Arena, including a Santander Cycles docking station located outside the centre.

Stratford International station is just a 10 minute walk away.

St Pancras International & Kings Cross stations are just seven minutes away by the South Western Javelin train – stopping at Stratford International.

The M25 is only a 25 minute drive away.

PARKING

There is no parking available at the Copper Box Arena. There is parking available in nearby Westfield (a 5-10 minute walk from the venue). We advise anyone choosing this option to pre book as it can fill up quickly at weekends and can be expensive if you have not booked.

ACCOMMODATION

London offers an endless amount of accommodation options to suit everyone's needs and budget.

To get the best value, we recommend that participants and spectators find a suitable hotel anywhere within the London network, and travel into the Olympic Park each day using public transport.

Hotels close to the Park do charge a premium, so we advise everyone to research the best hotel / transport option for your team and followers well in advance to get the best deals.

19 REFEREES

International & National referees wishing to participate in this event, please contact our Referee chairman at chris.codling@britishtaekwondo.org

The closing date for referee application is 12th August 2016.
Successful referees will be notified by 19th August 2016.

The cost of room and board only is covered.

All other costs are the responsibility of each referee. Due to the number of London airport options available, the organising committee is unable to arrange pick up and drop offs for this event this year. Selected overseas referee's must make their own arrangements.

The closest airport is London City but public transport connections to all other airports are available.





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20 MEDIA ACCREDITATION

To apply for media accreditation please contact: events@gbtaekwondo.co.uk

21 VOLUNTEERING

If you would like to contribute to the success of this event, there are many volunteering opportunities available. For a full list of roles and to download application forms, please visit the GB Taekwondo website and follow the National Championships links to the Volunteers pages.

22 PHOTOGRAPHY AND VIDEO RECORDING

By registering to compete at the event you are agreeing to have your image taken whilst in the Venue by both the press and members of the public. In addition, you are agreeing to have your image shown on video, TV and online.

23 QUESTIONS

If you have a question that is not covered in this invitation please email the Organising Committee at events@gbtaekwondo.co.uk

24 CONTACT

2016 British Taekwondo National Championships
Organising Committee,
GB Taekwondo,
National Taekwondo Centre,
Ten Acres Sports Complex,
Ten Acres Lane,
Manchester
M40 2SP
Tel: 0161 974 7770
Email: events@gbtaekwondo.co.uk
Webpage: www.gbtaekwondo.co.uk

25 UPDATES

For regular event information and updates, please visit the event website at www.gbtaekwondo.co.uk

