

#Check the name of the medication

Whether prescribed or an Over The Counter (OTC) medication, from a pharmacy or a supermarket, always check the label / ingredients using Global DRO irrespective of whether you used the medication before!



TUE Application Process

- Medical documentation will be required when a TUE is submitted.
- It can take up **30 days** to hear whether a TUE application has been accepted.
- Once approved, a TUE certificate will be issued for a **limited** period of time and will need to be renewed.



STEP
01



STEP
02

Therapeutic Use Exemption (TUE)

A Therapeutic Use Exemption (TUE) is required by athletes who have a medical condition **and** require a particular medication which is otherwise restricted under WADA's prohibited list.

STEP
03



If you require a TUE seek input from:

STEP
04

Team Doctor (GB TKD) &
Steve GREEN
steve.green@gbtaekwondo.co.uk

STEP
05

